

Policy No: 03-1305	Authorised: Zainab Yasin	Date: 1 <sup>st</sup> April 2015
<b>JOB DESCRIPTION - LIVE-IN CARER</b>		

JOB TITLE: Live-in Carer

ACCOUNTABLE TO: Domiciliary Care Services Manager / Supervisor

RESPONSIBILITIES:

1. To provide a personal and unique Service of Care to service users to enable them to lead as independent a lifestyle as possible. To achieve this level and quality of care by "living-in" the service user's own home so that the Carer is on call at all times during shift hours. In this respect the Carer will essentially be working under the direct supervision of the service user to ensure that the service user's daily support needs, as detailed in the service user's Care Plan, are achieved.
2. To provide care and support to the service user in agreed elements of care, in a manner that enables and empowers the service user and at all times observing and respecting the service users's dignity, privacy and independence as far as practical. Elements of care can include the following:
  - 2.1 Personal Care:
    - Dressing and undressing / preparing the service user for Day Care or trips out.
    - Washing / bathing / showering / shaving / grooming / cleaning teeth.
    - Hair care (washing / brushing).
    - Nail care (fingernails only).
    - Toileting and all aspects of personal hygiene, including the emptying of commodes.
    - Continence management.
    - Getting in and out of bed.
    - Enabling mobility, including moving and handling transfers, and positioning.
    - Checking mobility / lifting equipment, wheelchairs etc for safe use.
    - Assisting with the use of Aids to Daily Living / Rehabilitation Aids, as required.
  - 2.2 Health and Medical Care:
    - Helping with rehabilitation programmes, as prescribed by Healthcare professionals.
    - Care of pressure sores (under appropriate nursing supervision).
    - Assisting the service user to take prescribed medication.
  - 2.3 Dietary Care:
    - To set tables and trays, and to prepare snacks and meals.
    - Assisting with feeding, as required.
    - To wash up, clear and tidy the dining area.
  - 2.4 Domestic / Household Services:
    - General cleaning duties, to include cleaning / dusting / vacuuming / polishing.
    - To make and change beds for the service user.
    - Clearing refuse and rubbish.
    - Laundering / Hand-washing / Ironing / Light needlework, as required.
    - Fuel Management.
    - Shopping, and the preparation of shopping lists and assistance with budgeting.
    - Light gardening tasks (subject to previous agreement at the Care Plan stage).

